## **Saint Mary's School**



Welcome Back to School! We are so excited for this upcoming school year! Looking forward to lots of fun cafeteria events.

## Important Reminder:

Free & Reduced Lunch Applications need to be filled out yearly. Please go to myschoolapps.com to fill out an

Septemb	er 2023 Me	enu	application online or request a paper application from your child's school.			
1% unflavored or skim chocol	late milk available daily	Vegetaria	n entrees are w	written in *green* *Sunbutter & Jelly Sandwich* offered at lunch daily		
WEEKLY OPTIONS	MONDAY	TUE	SDAY	WEDNESDAY	THURSDAY	FRIDAY
Cold Options 3: Popcorn Chicken Salad w/ Dinner Roll 4: *Muffin Fun Lunch*	A variety of fruit vegetables are offer A fruit or a vegeta required for all	red daily visit cose nutritional nutritional		ed.nutrislice.com for al information for all menu options.	Hot Options  1: Waffles & Turkey Sausage Links	Hot Options 1: Cheese Pizza
	Lunch Prices Paid: \$2.50 Reduced: \$0.40 Milk only: \$0.50	Michelle Edwa		ntact us: rds, General Manager -270-8069 helle@aramark.com	2: Chicken Corn Dogs Vegetarian Baked Beans	2: Pepperoni Pizza Green Pepper Slices
	4	Hot Options 1: Chicken Parm Flatbread  2: Chicken Nuggets w/ Breadstick Spinach Salad		6	7	8
Cold Options 3: Chicken Caesar Salad w/ Dinner Roll	LABOR			Hot Options 1: Nacho Cheese Walking Tacos	Hot Options  1: Bacon Cheeseburger	Hot Options 1: Cheese Pizza
4: *Cereal Fun Lunch*	Day			2: Cheese Quesadilla Kickin' Pinto Beans	2: Veggie Burger Red Pepper Slices	2: Pepperoni Pizza Celery Sticks
Cold Options 3: Ham & Cheese Sandwich	Hot Options 1: Chicken Patty Sliders	Hot Options 1: Chicken Meatballs & Penne Pasta		Hot Options  1: Vegetable Dumplings w/ Veggie Fried Rice	Hot Options 1: French Toast Sticks w/ Turkey Sausage Patty	Hot Options 1: Tater Tot Beef Nachos w/Tortilla Chips
4: *Pizza Fun Lunch*	2: Cheeseburger Fresh Broccoli	2:Chicken Tenders w/ Breadstick Baby Carrots		2: Hotdog Edamame	2: Grilled Cheese Fresh Banana	2: Cheese Pizza Tater Tots
Cold Options 3: Chicken & Cheese Salad w/Dinner Roll 4: *Pretzel Fun Lunch*	Hot Options  1: Mini Corn Dogs w/ Macaroni & Cheese  2: Hamburger Red Pepper Slices	Hot Options 1: Chicken Nachos  2: Chicken Nuggets w/ Breadstick		Hot Options  1: Popcorn Chicken Potato Bowl w/ Breadstick  2: Cheese Pizzadilla Mashed Potatoes	Hot Options 1: BBQ Chicken & Cheddar Flatbread 2: Chicken Patty Sandwich	Hot Options 1: Pepperoni Pizza  2: Cheese Pizza Spinach Salad
Cold Options 3: Turkey & Cheese Sandwich	25	Refried Beans		27	Tater Tots 28	29
	Hot Options 1: Beef Soft Tacos		Options za Crunchers	Hot Options 1: Pancakes & Egg Omelet	Hot Options  1: Thai Chicken Tenders  w/ Rice	Hot Options 1: Pepperoni Pizza
4: *Cookie Hummus Fun Lunch*	2: Cheeseburger Chipotle Black Beans		se Quesadilla iter Tots	2: Chicken Nuggets w/	2: Beef Hotdog	2: Cheese Pizza  Raby Carrots

Breadstick

**Tossed Salad** 

**Cucumber Slices** 

Baby Carrots