## Saint Mary’s School



September 2023 Menu

Welcome Back to School! We are so excited for this upcoming school year! Looking forward to lots of fun cafeteria events.

Important Reminder:
Free \& Reduced Lunch Applications need to be filled out yearly. Please go to myschoolapps.com to fill out an application online or request a paper application from your child's school.

| 1\% unflavored or skim chocolate milk available daily |  | Vegetarian entrees are written in *green***S |  | Sunbutter \& Jelly Sandwich* offered at lunch daily |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| WEEKLY OPTIONS | MONDAY | TUESDAY | W | THURSDAY | FRIDAY |
| Cold Options <br> 3: Popcorn Chicken Salad w/ Dinner Roll <br> 4: *Muffin Fun Lunch* | A variety of fruit vegetables are offe A fruit or a veget required for all <br> Lunch Prices <br> Paid: \$2.50 <br> Reduced: \$0.40 <br> Milk only: \$0.50 | Visit cpse nutritional our | d.nutrislice.com for al information for all menu options. <br> ntact us: <br> rds, General Manager 1-270-8069 <br> helle@aramark.com | Hot Options <br> 1: Waffles \& Turkey Sausage Links <br> 2: Chicken Corn Dogs Vegetarian Baked Beans | Hot Options <br> 1: Cheese Pizza <br> 2: Pepperoni Pizza Green Pepper Slices |
| Cold Options <br> 3: Chicken Caesar Salad w/ Dinner Roll <br> 4: *Cereal Fun Lunch* |  | Hot Options <br> 1: Chicken Parm Flatbread <br> 2: Chicken Nuggets w/ Breadstick Spinach Salad | Hot Options <br> 1: Nacho Cheese Walking Tacos <br> 2: Cheese Quesadilla Kickin' Pinto Beans | Hot Options <br> 1: Bacon Cheeseburger <br> 2: Veggie Burger Red Pepper Slices | Hot Options <br> 1: Cheese Pizza <br> 2: Pepperoni Pizza Celery Sticks |
| Cold Options <br> 3: Ham \& Cheese Sandwich <br> 4: *Pizza Fun Lunch* | Hot Options <br> 1: Chicken Patty Sliders <br> 2: Cheeseburger Fresh Broccoli | Hot Options <br> 1: Chicken Meatballs \& Penne Pasta <br> 2:Chicken Tenders w/ Breadstick Baby Carrots | Hot Options <br> 1: Vegetable Dumplings w/ Veggie Fried Rice <br> 2: Hotdog <br> Edamame | Hot Options <br> 1: French Toast Sticks w/ Turkey Sausage Patty <br> 2: Grilled Cheese Fresh Banana | Hot Options <br> 1: Tater Tot Beef Nachos w/Tortilla Chips <br> 2: Cheese Pizza Tater Tots |
| Cold Options <br> 3: Chicken \& Cheese Salad w/Dinner Roll <br> 4: *Pretzel Fun Lunch* | Hot Options <br> 1: Mini Corn Dogs w/ Macaroni \& Cheese <br> 2: Hamburger Red Pepper Slices | Hot Options <br> 1: Chicken Nachos <br> 2: Chicken Nuggets w/ Breadstick Refried Beans | Hot Options <br> 1: Popcorn Chicken Potato Bowl w/ Breadstick <br> 2: Cheese Pizzadilla Mashed Potatoes | Hot Options 1: BBQ Chicken \& Cheddar Flatbread <br> 2: Chicken Patty Sandwich Tater Tots | Hot Options <br> 1: Pepperoni Pizza <br> 2: Cheese Pizza Spinach Salad |
| Cold Options <br> 3: Turkey \& Cheese Sandwich <br> 4: *Cookie Hummus Fun Lunch* | Hot Options <br> 1: Beef Soft Tacos <br> 2: Cheeseburger Chipotle Black Beans | Hot Options <br> 1: Pizza Crunchers <br> 2: Cheese Quesadilla Tater Tots | Hot Options <br> 1: Pancakes \& Egg Omelet <br> 2: Chicken Nuggets w/ Breadstick Tossed Salad | Hot Options <br> Thai Chicken Tenders w/ Rice <br> 2: Beef Hotdog Cucumber Slices | Hot Options <br> 1: Pepperoni Pizza <br> 2: Cheese Pizza Baby Carrots |

