

August 2023

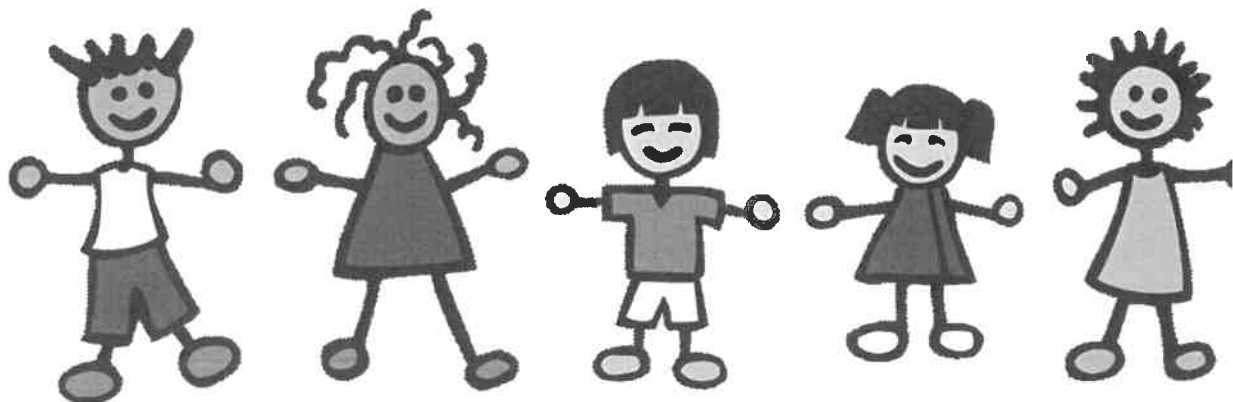
It is almost time to come to Pre-K and we are so excited to see you!

We are going to have a great time together. We will sing songs and read stories, make projects and learn so many wonderful new things. Of course, there will be lots of other new friends who will be waiting to play and learn with you, too.

Our classroom is all set up with exciting things to do and see, and we are very ready to get started! I know that the fun will not begin until you are here, so we will be waiting for you to arrive to begin a super Pre-K year!

See you very soon!

Your friends,  
Miss Ashley & Miss Becky



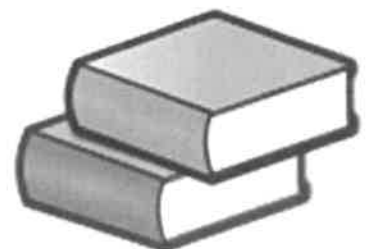
Dear Families:

Welcome to Pre-K! There is an exciting year awaiting, designed to promote and enhance your child's growth and development. This very important year promises to be one filled with discovery and joy as your child works and plays in an environment that is warm, safe and challenging.

The structure of daily activities are carefully planned to encourage independence, self confidence and group cooperation through large group, small group and one-on-one participation in a variety of hands-on, interactive experiences. The activities will incorporate instruction and skill reinforcement in reading readiness, mathematics, writing, science and social studies, art, fine and gross motor skills, social/emotional skills, language development, and religion.

We are looking forward to working together to make this a most successful school year! Please feel free to contact us at school, should you have any questions and/or concerns regarding your child's Pre-K experience.

Very Sincerely,  
Miss Ashley & Miss Becky



# What to Bring to Pre-K

Please send all items labeled by the first day of school.

## Pre-K School Supplies

- ❖ Labeled **full size** backpack, lunchbox and water bottle
- ❖ One 2 pocket folder
- ❖ One **labeled** shoe box container including a **full set** of extra clothes
- ❖ Full Day students- **labeled** shoe box container with sheet/blanket for rest time.

### **\*\*\*Appreciated Items\*\*\***

- ❖ Lysol/Clorox Wipes
  - ❖ Tissues
  - ❖ Hand Sanitizer
  - ❖ Baby Wipes
  - ❖ Paper towels
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# Prayers and Song

Here are our daily prayers and hand washing song. Please practice these prayers and songs with your child at home as these will be used everyday at school.

## **\*SIGN OF THE CROSS\***

### **MORNING PRAYER**

Dear God,

Help me spend today with a smile on my face, love in my heart, joy in His grace, and my thinking cap on all day. Amen.

### **MEALTIME PRAYER**

Thank you, God, for food and prayer. Teach us how to love and share. Amen.

### **END OF THE DAY PRAYER**

Before we end our busy day, we bow our heads, and we pray that God will keep us safe and sound until another comes around. Amen.

### **HAND WASHING SONG**

Sung to: Row, Row, Row Your Boat

Wash, wash, wash your hands. Soap will make them clean! Scrub the germs till they fall off, germs go down the drain!



## Transitions

As we adjust to being back in school, we realize the majority of our friends have not been in a school setting, or away from home for a long period of time. To help with these transitions we have provided some recommended tips to hopefully make it easier on our students and families.

1. **Leave quickly and do not look back**
  - a. the longer you stay, the more reaction time your child has.
2. **Send them to school however many days they are signed up to attend**
  - a. Sending them only two days when they are signed up for five, or sending them only half day when they're signed up for full will delay their adjustment period.
3. **Send in a family photo to keep in your child's folder.**
4. **Set clear expectations**
  - a. Help them understand that you will go to work while they go to school
  - b. Remind them after rest time (or story, whenever it's appropriate in their daily schedule) you'll be back to pick them up.
5. **Do not bribe**
6. **Be sure they get a good night's sleep, every school night.**
7. **Don't give up, your child will adjust to being in school.**

If there is anything else Miss Becky, myself or Ms. Lepore can help ease this transitional period, please let me know. We want to make this as smooth and easy as possible for everyone. If your child is having trouble before arriving at school, message me "Just Keep Swimming" and feel free to email me throughout the day and I will get back to you and let you know how they are doing asap.

Did you know that reading with your child is a great opportunity to work on developing language skills? The next time you read with your child try practicing these skills based on your child's age.



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- Expand upon your child's expressive utterance by adding one word. Example: Child says, "kick ball". Adult repeats, "I kick ball."
- When using repetitive text, start a phrase and let your child try to finish it. For example, "Brown Bear, Brown Bear, What \_\_\_\_\_"
- Work on using pronouns "I" and "me" in sentences. Give models to encourage your child. Example: I will turn the page.
- Work on recognizing actions in pictures. Name an action and have your child point to it. Example: Which boy is sleeping?
- Work on finding items by functions. Describe the use of an item you see on the page and have your child find it. Example: I see something you use to brush your teeth!

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- When looking at a page ask your child simple WHO, WHEN, and HOW MANY questions. Example: Who is driving the bus?
- Talk about the characters in the book. Focus on one or two characters. Describe the character's looks. Talk about the actions of the character. Do you like the character or not?
- Encourage longer utterances by remaining quiet and letting your child do all the talking. Encourage combining simple sentences with the word 'and' as a conjunction.
- Work on increasing the length of your child's utterances by adding descriptor words that include adverbs (ex. quickly, quietly) and adjectives (ex. long, blue, hot.)
- Practice comparing skills (ex. longer, shorter) and basic concepts (ex. behind, between).

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- Work on the sequence of the story. Practice retelling with transition words such as, FIRST, NEXT, and LAST.
- Find and practice rhyming words in the book.
- Work on identifying letter names in the text. Model the skill and see if your child can find the same letter.
- Work on grammar that is more adult-like including early irregular verbs (ate, ran, etc.) and articles (a, the.)
- Practice more logic-based questions such as WHY and HOW.
- Provide opportunities for your child to ask questions that start with "Do you...", "Can you..." and "Are we ...."
- Practice giving simple definitions for common objects.

# 50 Fun Fine Motor Activities

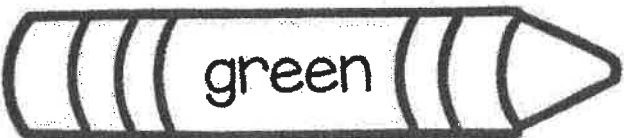
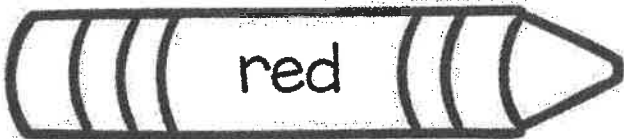
Pick one activity to do each day. Activities should be completed independently with adult supervision. Color in the box once completed.

CUT STRAWS WITH SCISSORS	TEAR STRIPS OF PAPER	DRAW WITH SIDEWALK CHALK	STRING BEADS ON YARN OR PIPE CLEANER	USE TWEEZERS TO PICK UP OBJECTS
COLOR A PICTURE WITH CRAYONS	MAKE 'SNAKES' WITH PLAYDOH	SNIP PAPER WITH SCISSORS	PAINT A PICTURE WITH Q-TIPS	DECORATE PAPER WITH STICKERS
CLIP CLOTHESPINS ON PAPER OR OTHER OBJECTS	MAKE A TOWER WITH LEGOS	USE A HOLE PUNCH TO MAKE CONFETTI	USE A WATER DROPPER DURING WATER PLAY	SPRAY WATER WITH A SPRAY BOTTLE
ROLL BALLS OUT OF PLAYDOH OR CLAY	STRING THROUGH HOLES WITH YARN	PUT PIPE CLEANERS IN HOLES IN COLANDER	USE DECORATIVE TAPE ON PAPER	PAINT WITH A PAINTBRUSH
OPEN & CLOSE OBJECTS LIKE EASTER EGGS	WRAP RUBBER BANDS AROUND AN OBJECT	SCOOP RICE INTO CONTAINERS	PUSH TOOTHPICKS INTO STYROFOAM	DRAW A PICTURE ON A VERTICAL SURFACE
MAKE DOTS ON PAPER WITH GLUE	USE ROLLERS WITH PLAYDOH	DRAW OR WRITE LETTERS OR SHAPES IN SAND	PUT PAPER CLIPS ON PAPER	USE DOT MARKERS ON PAPER
MAKE BALLS OUT OF TISSUE OR CONSTRUCTION PAPER	WRITE WITH FINGERS IN SHAVING CREAM	ATTACH CHIP CLIPS ON DIFFERENT OBJECTS	PUT PUSH PINS INTO CARDBOARD (WITH SUPERVISION)	USE SQUEEZE BOTTLES WITH WATER PLAY
HELP YOUR GROWNUPS COOK OR BAKE	WASH TOYS WITH A SPONGE	SQUEEZE A STRESS BALL (FLOUR OR SAND IN A BALLOON)	ICE COOKIES WITH ICING GEL OR SQUEEZABLE FROSTING	CUT PLAYDOH WITH SCISSORS
PICK UP OBJECTS WITH KITCHEN TONGS	MAKE FRUIT KABOBS (WITH SUPERVISION)	PAINT WITH WATERCOLORS & DROPPERS	MAKE SHAPES OR STRUCTURES OUT OF TOOTHPICKS AND MARSHMALLOWS	POP BUBBLE WRAP
SQUEEZE LEMONS TO MAKE LEMONADE	STRING CEREAL ON YARN TO MAKE A NECKLACE	PUT COINS IN A PIGGY BANK	PUT PUZZLE TOGETHER	PICK UP COTTON BALLS WITH CLOTHESPINS

Name: \_\_\_\_\_ Language Arts

# Color Me Crayon

Directions: Look at the color inside each crayon. Color the crayon that color.



What color is your favorite?

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