**CAL Cross Country Schedule - 2021**

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| **Date** | **Race Time (arrive at least ½ prior)** | **Location** |
| Wed Sept 8 | 4:00 – Walkthrough  4:30 pm – elementary  5:00 pm – MS boys  5:30 pm – MS girls | Roger Williams Park – temple to music |
| Wed Sept 15 | 4:30 pm – elementary  5:00 pm – MS girls  5:30 pm – MS boys | Roger Williams Park – temple to music |
| Wed Sept 22 | 4:30 pm – elementary  5:00 pm – MS boys  5:30 pm – MS girls | Roger Williams Park – temple to music |
| Wed Sept 29 | 4:30 pm – elementary  5:00 pm – MS girls  5:30 pm – MS boys | Roger Williams Park – temple to music |
| Wed Oct 6 | 4:30 pm – last elementary race of the season  5:00 pm – MS boys  5:30 pm – MS girls | Roger Williams Park – temple to music |
| Wed Oct 13 | Diocesan Meet  4:00 pm – Program begins  MS girls run first followed by MS boys  (no elementary race) | Slater Park - Pawtucket |